

## Introduction (5 minutes)

Welcome to the Character Education and Goal Setting Worksheet! This activity is designed to help you understand the importance of celebrating achievements, identifying personal strengths and accomplishments, and setting realistic goals for future success.

## Section 1: Multiple Choice Questions (15 minutes)

Choose the correct answer for each question:

1. What is the importance of celebrating achievements?
  - a) To show off to others
  - b) To feel good about oneself
  - c) To learn from mistakes
  - d) To ignore weaknesses

2. Which of the following is a personal strength?
  - a) Being good at sports
  - b) Being kind to others
  - c) Being able to read quickly
  - d) All of the above

3. What is the purpose of setting realistic goals?
  - a) To achieve perfection
  - b) To please others
  - c) To challenge oneself
  - d) To give up easily



## Section 2: Short Answer Questions (20 minutes)

Answer each question in complete sentences:

1. Describe a time when you achieved something you were proud of. How did you celebrate your achievement?

2. What are some of your personal strengths and accomplishments? How do you think they can help you achieve your goals?

3. What is a realistic goal you would like to set for yourself in the next month? How will you achieve it?

## Section 3: Project-Based Task (25 minutes)

Create a visual representation (e.g., poster, infographic, or comic strip) that illustrates your personal strengths, accomplishments, and goals. Include the following elements:

- A picture or symbol that represents your personal strengths
- A brief description of your accomplishments
- A goal statement with specific steps to achieve it
- A picture or symbol that represents your goal

[Space for project-based task]

#### Section 4: Reflection and Self-Assessment (15 minutes)

*Reflect on your answers to the multiple choice and short answer questions. What did you learn about yourself and your goals? What areas do you need to work on?*

#### Section 5: Goal Setting Template (10 minutes)

*Use the following template to set a realistic goal for yourself:*

- Goal: \_\_\_\_\_
- Why is this goal important to me? \_\_\_\_\_
- What steps will I take to achieve this goal? \_\_\_\_\_
- How will I measure my progress? \_\_\_\_\_

## Conclusion (5 minutes)

*Congratulations on completing the Character Education and Goal Setting Worksheet! Remember to celebrate your achievements, identify your personal strengths and accomplishments, and set realistic goals for future success.*

## Assessment Rubric

*The following rubric will be used to assess your completion of this worksheet:*

- Multiple Choice Questions: accuracy and completeness (40 points)
- Short Answer Questions: clarity, coherence, and relevance (30 points)
- Project-Based Task: creativity, completeness, and alignment with learning objectives (30 points)

## Note to Teachers

---

*This worksheet is designed to be completed in a 30-minute class period. Please provide guidance and support as needed, and encourage students to reflect on their learning and set goals for future improvement.*

