



Introduction to Para-Verbal and Non-Verbal Communication

Effective communication is crucial in our daily lives, and it involves not only verbal but also para-verbal and non-verbal cues. This worksheet is designed to help students understand the importance of para-verbal and non-verbal communication and how to use them effectively.

Understanding Para-Verbal Communication

Para-verbal communication refers to the way we convey messages through our tone of voice, pitch, and volume. It can convey emotions, attitudes, and intentions, and can either reinforce or contradict the verbal message.

1. What is para-verbal communication?

2. How does tone of voice affect the message?

3. Can you think of a situation where para-verbal communication was important?

Understanding Non-Verbal Communication

Non-verbal communication refers to the way we convey messages through our body language, facial expressions, and eye contact. It can convey emotions, attitudes, and intentions, and can either reinforce or contradict the verbal message.

1. What is non-verbal communication?

2. How does body language affect the message?

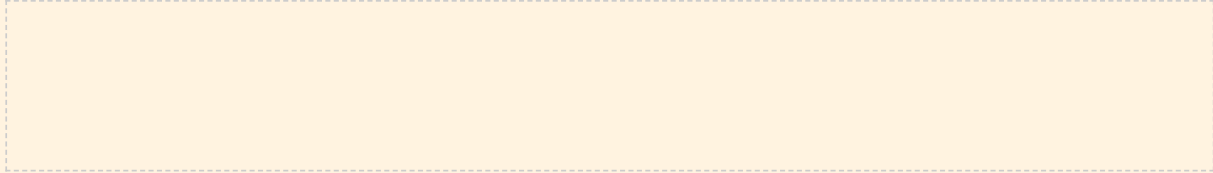
3. Can you think of a situation where non-verbal communication was important?

Activities

Role-Play: Divide the class into pairs and have them practice using para-verbal and non-verbal communication in different scenarios.

Charades: Divide the class into two teams and have them play a game of charades, using only non-verbal communication to convey the message.

Group Discussion: Have the class discuss the importance of para-verbal and non-verbal communication in different situations, such as in a job interview or in a social setting.



Questions

1. What is the difference between para-verbal and non-verbal communication?

2. How can para-verbal and non-verbal communication be used to convey emotions and attitudes?

3. Can you think of a situation where para-verbal and non-verbal communication were used effectively?

Case Studies

Job Interview: Imagine you are in a job interview, and the interviewer asks you about your strengths and weaknesses. How would you use para-verbal and non-verbal communication to convey confidence and enthusiasm?

Social Setting: Imagine you are at a party, and you want to make a good impression on someone you just met. How would you use para-verbal and non-verbal communication to convey friendliness and interest?

Conclusion

Effective communication is crucial in our daily lives, and para-verbal and non-verbal communication play a significant role in conveying messages. By understanding and using para-verbal and non-verbal communication effectively, we can build stronger relationships, convey our messages more effectively, and achieve our goals.

Assessment

1. Can you define para-verbal and non-verbal communication?

2. Can you give examples of how para-verbal and non-verbal communication can be used in different situations?

3. Can you demonstrate effective use of para-verbal and non-verbal communication in a role-play scenario?

Extension

Create a Video: Create a video that demonstrates effective use of para-verbal and non-verbal communication in different scenarios.

Write a Script: Write a script for a short film that demonstrates effective use of para-verbal and non-verbal communication.

Create a Presentation: Create a presentation that discusses the importance of para-verbal and non-verbal communication in different situations.

