



Introduction (5 minutes)

Read the following introduction and answer the questions:

Establishing snack time and group work habits is an essential part of early childhood education. This worksheet is designed to help 4-year-olds develop social skills, independence, and self-regulation through songs and play-based learning experiences.

1. What is the main goal of this worksheet?

2. What skills will children develop by completing this worksheet?

3. What type of learning experiences will be used in this worksheet?

Snack Time Routine (15 minutes)

Complete the following questions:

1. What do we do during snack time?

Page of 10

2. Why is it important to wash our hands before snack time?

3. What is your favorite snack?

Group Work Habits (15 minutes)

Complete the following questions:

1. What is a group work habit?

2. Why is it important to take turns during group activities?

3. Can you think of a time when you had to work with a friend to complete a task? What did you learn from the experience?

Play-Based Learning Experiences (15 minutes)

Complete the following questions:

1. What is your favorite play-based learning experience?

2. Can you think of a time when you learned something new through play? What was it?

Page of 10

3. How do you feel when you are playing with your friends?

Activity 1: Snack Time Sorting Game (15 minutes)

Sort the following snacks into categories: fruits, vegetables, and whole grains.

- Apple
- Carrot
- Bread
- Banana
- Broccoli
- Rice

1. What category does the apple belong to?

2. What category does the carrot belong to?

3. What category does the bread belong to?

Activity 2: Group Work Mural (20 minutes)

Work with a friend to create a mural that represents a group work scenario.

1. What is the theme of your mural?

2. What materials did you use to create your mural?

3. What did you learn from working with your friend?



Conclusion (5 minutes)

Read the following conclusion and answer the questions:

Establishing snack time and group work habits through songs and play-based learning experiences is crucial for 4-year-olds. By completing this worksheet, children will develop social skills, independence, and self-regulation, and have fun while doing it!

1. What is the main goal of this worksheet?

2. What skills will children develop by completing this worksheet?

3. What type of learning experiences were used in this worksheet?

Assessment (10 minutes)

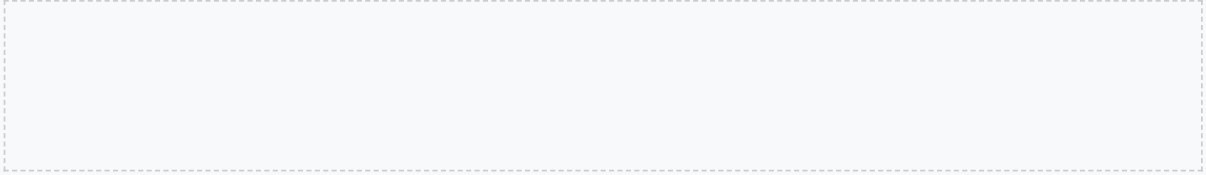
Complete the following assessment questions:

1. Can the child identify and explain the importance of snack time and group work habits?

2. Can the child demonstrate an understanding of taking turns and using manners during snack time?

Page of 10

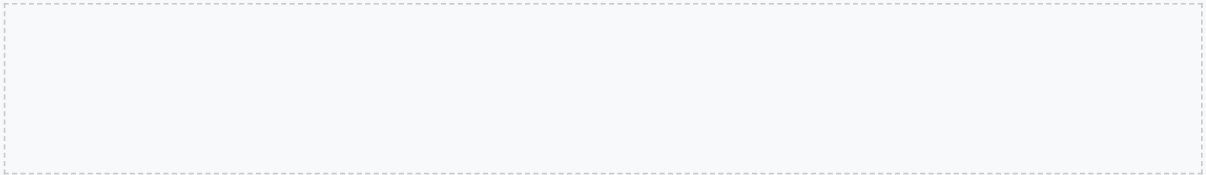
3. Can the child work cooperatively with a friend to complete a task?



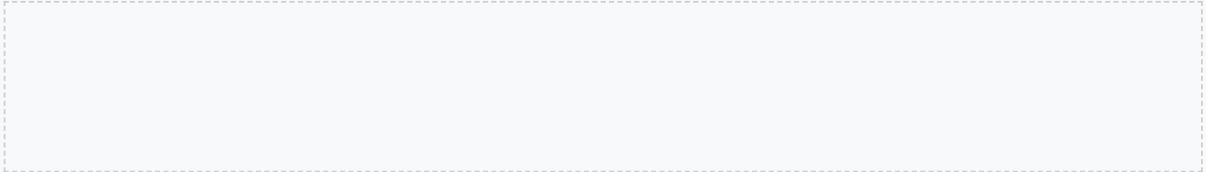
Extension (15 minutes)

Complete the following extension activities:

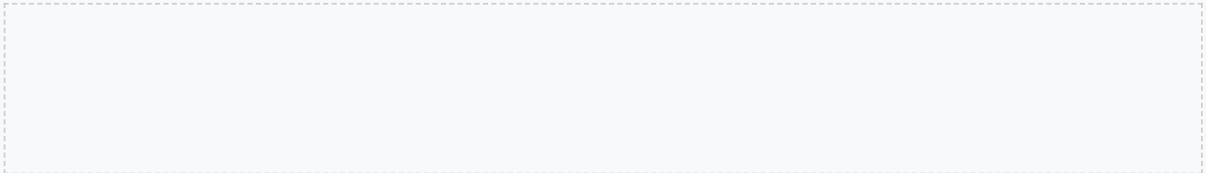
1. Create a snack time routine chart with pictures or symbols.



2. Develop a group work habit checklist with pictures or symbols.



3. Create a play-based learning experience that promotes socialization, cooperation, and self-regulation.

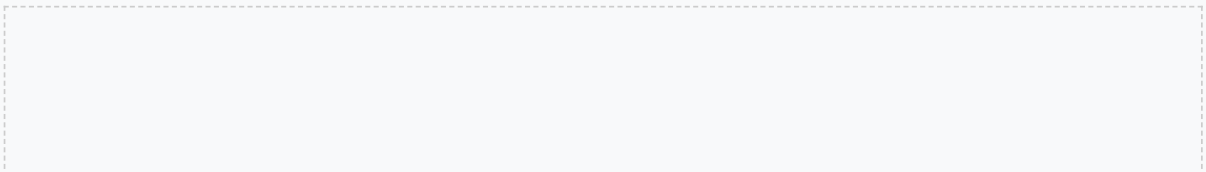


Story Time (10 minutes)

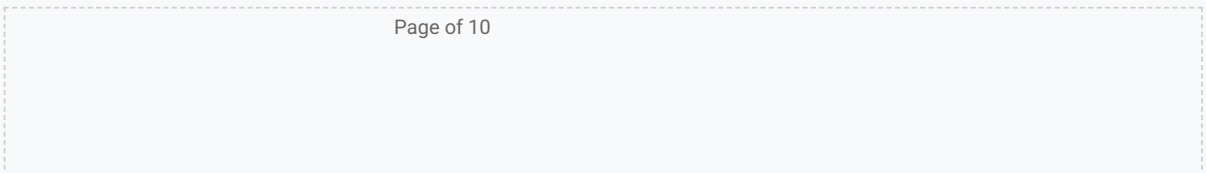
Read the following story and answer the questions:

Once upon a time, there was a group of friends who loved to play together. They would share their toys and take turns on the swings. One day, they decided to have a snack time together. They washed their hands and sat down at a table. They shared their snacks and talked about their favorite foods.

1. What did the friends do during snack time?

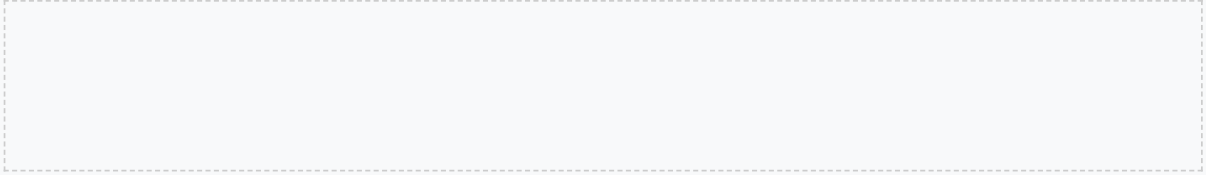


2. Why is it important to wash our hands before snack time?



Page of 10

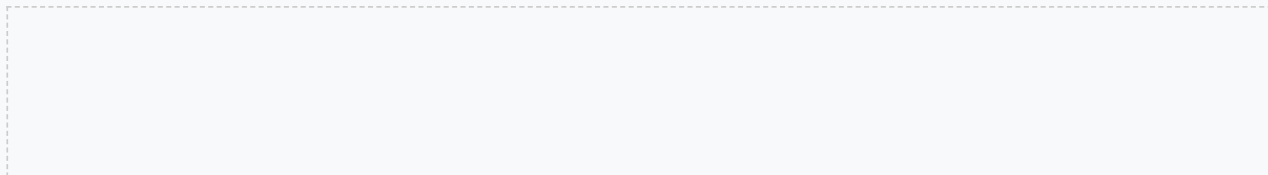
3. What did the friends learn from sharing their snacks?



Craft Time (15 minutes)

Complete the following craft activity:

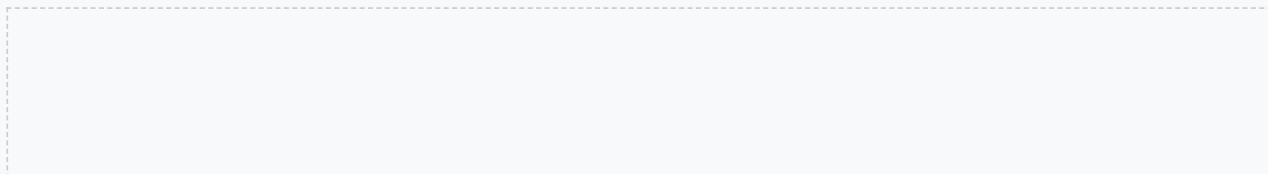
Create a picture of your favorite snack time activity. Use crayons, markers, or paint to make it colorful.



Outdoor Play (15 minutes)

Complete the following outdoor play activity:

Play a game of tag or soccer with your friends. Remember to take turns and work together as a team.



Snack Time (10 minutes)

Complete the following snack time activity:

Have a snack with your friends. Remember to wash your hands and use your manners.

Centers (15 minutes)

Complete the following center activities:

1. Block center: Build a tower using blocks.

2. Dress-up center: Dress up as your favorite character.

3. Art center: Create a picture using crayons, markers, or paint.

