



**PLANIT**  
TEACHERS

## Exploring Vision: Understanding Intention, Ideology, Belief, and Identity

**Student Name:** \_\_\_\_\_

**Class:** \_\_\_\_\_

**Due Date:** \_\_\_\_\_

### Introduction and Icebreaker

#### **My Vision for the Future**

What do you want to be when you grow up? What do you want to achieve? Let's explore our visions for the future!

**Icebreaker Activity:** Draw a picture of your favorite thing or a place you love. What makes it special to you?

### What is Vision?

Vision is a mental image of a desired future state. It's what you want to achieve or become.

**Activity:** Write or draw something you want to achieve in the next year. What steps can you take to make it happen?

### Intention and Belief

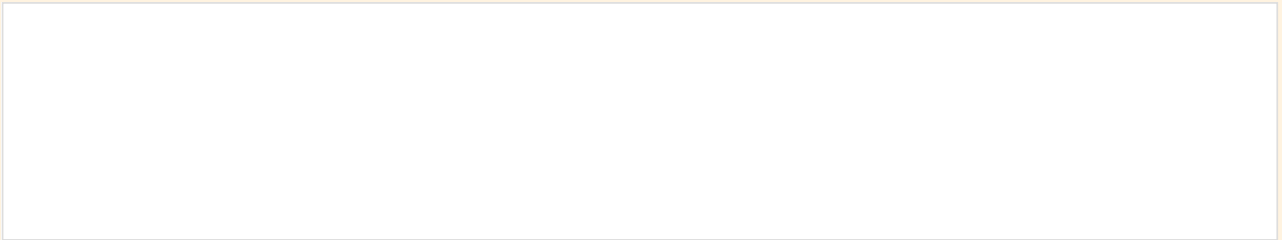
Intention is a determination to act in a certain way. Belief is something you think is true.

**Activity:** What is something you intend to do this week? What do you believe will help you achieve it?

### My Identity and Vision

Identity is who you are and what makes you unique. Vision is what you want to achieve.

**Activity:** Draw a self-portrait and write a few words that describe who you are. How does your identity relate to your vision?

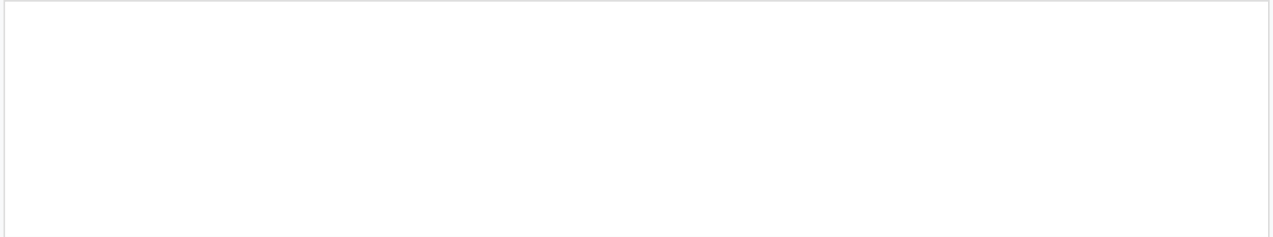


## Creating a Vision Board

### My Vision Board

Cut out images and words that represent your vision and identity. Glue them onto a piece of paper to create a vision board.

**Activity:** What does your vision board say about you and your vision?

A large, empty rectangular box with a thin black border, intended for students to paste images and words related to their vision and identity.

### Setting Goals

A goal is something you want to achieve. It's a step towards your vision.

**Activity:** Write down three goals you want to achieve in the next month. What steps can you take to make them happen?

## Overcoming Obstacles

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An obstacle is something that gets in the way of achieving your goal.

**Activity:** What are some obstacles that might get in the way of achieving your goals? How can you overcome them?

### Empathy and Respect

Empathy is understanding how someone else feels. Respect is treating others with kindness and consideration.

**Activity:** How can you show empathy and respect to someone who has a different vision or belief than you?



### Reflecting on My Vision

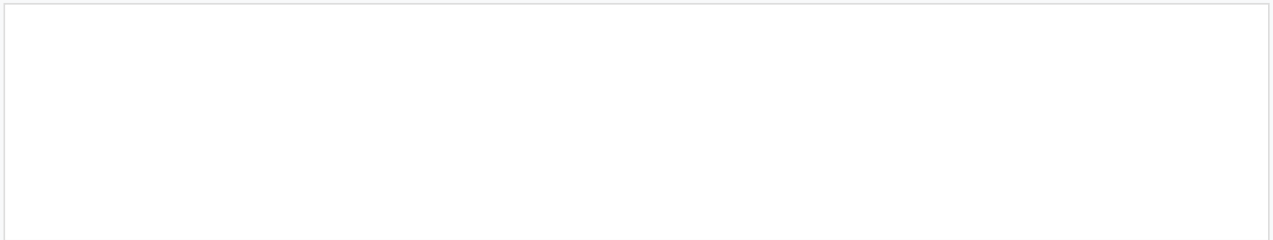
Reflection is thinking about what you've learned and what you can improve on.

**Activity:** What have you learned about yourself and your vision? What adjustments can you make to achieve your goals?

### My Vision for the Future

You've learned about vision, intention, ideology, belief, and identity. Remember to reflect on your progress and adjust your vision as needed.

**Next Steps:** Share your vision board with a friend or family member. What do they think about your vision?

A large, empty rectangular box with a thin black border, intended for the user to write or draw their response to the next steps prompt.