PLANIT TEACHERS

Introduction to Social Work Homework Sheet

Student Name: _____

Class: _____

Due Date: _____

Page 1: Introduction to Social Work

What is Social Work?

Social work is a profession that focuses on empowering individuals, families, and communities to improve their well-being and address social problems. Social workers use a range of skills and interventions to support vulnerable populations, including counseling, case management, and community development.
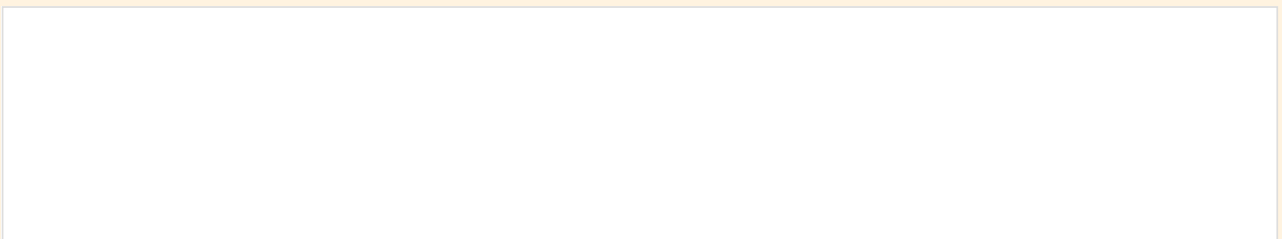
Activity 1: Matching Game

Match the following terms with their definitions:

1. Social work
2. Empowerment
3. Advocacy
4. Community development

Definitions:

- A profession that focuses on empowering individuals, families, and communities
- The process of enabling individuals or groups to take control of their lives
- The act of supporting and promoting the rights and interests of individuals or groups
- The process of building and strengthening community resources and capacities

What are the Goals of Social Work?

The primary goals of social work include empowerment, advocacy, and support. These goals are interconnected and guide social workers in their practice, ensuring that they prioritize the needs and well-being of their clients.

Activity 2: Short Answer Questions

1. What is the primary goal of social work?

2. How do social workers empower individuals and families?

3. What is the importance of advocacy in social work?

What are the Core Values and Principles of Social Work?

Social work is guided by core values such as respect for persons, social justice, and integrity, and principles like empathy, confidentiality, and cultural competence. These values and principles are essential for social workers to provide ethical and effective services.

Activity 3: Scenario-Based Questions

Read the following scenario and answer the questions:

A social worker is working with a client who is experiencing homelessness. The client is struggling to access food and shelter.

1. What core value should the social worker prioritize in this scenario?

2. How can the social worker demonstrate empathy and understanding in this situation?

3. What principle should guide the social worker's decision-making in this scenario?

What does Social Work Look Like in Practice?

Social workers practice in a variety of settings, including child protection services, mental health clinics, and community development projects. They use a range of skills and interventions to support individuals, families, and communities.

Activity 4: Case Study

Read the following case study and answer the questions:

A social worker is working with a family who is experiencing domestic violence. The social worker provides counseling and support to the family members and connects them with community resources.

1. What skills and interventions does the social worker use in this scenario?

2. How does the social worker prioritize the safety and well-being of the family members?

3. What community resources might the social worker connect the family with?

How do Social Issues and Policy Impact Social Work?

Social workers must understand the social issues and policies that impact their clients and communities. They must also be able to analyze and address these issues through advocacy and community development.

Activity 5: Debate

Debate the following topic:

Should social workers prioritize individual empowerment or community development in their practice?

What are the Career Paths in Social Work?

Social work offers a range of career paths, including child protection services, mental health clinics, and community development projects. Social workers can also work in policy and advocacy roles.

Activity 6: Career Research

Research and write about a career path in social work that interests you.

Why is Reflection and Self-Awareness Important in Social Work?

Reflection and self-awareness are essential for social workers to understand their own values, biases, and assumptions. This helps them to provide effective and ethical services to their clients.

Activity 7: Reflective Journaling

Write a reflective journal entry about a time when you witnessed or experienced social injustice. How did you feel? What did you learn from the experience?

Group Activity: Social Work Scenario

Work in groups to develop a plan for addressing a social issue in your community. Use the skills and interventions learned in this homework sheet to guide your plan.

Conclusion

Social work is a complex and multifaceted field that aims to address social issues and promote human well-being. As a future social worker, it is essential to understand the definitions, goals, scope, core values, and principles of social work.

Activity 9: Short Answer Questions

1. What is the definition of social work?

2. What are the primary goals of social work?

3. What are the core values and principles of social work?

Final Thoughts

Remember that social work is a profession that requires empathy, understanding, and a commitment to social justice. As you continue to learn about social work, keep in mind the importance of reflection, self-awareness, and cultural competence.

Activity 10: Final Reflection

Write a final reflection about what you have learned in this homework sheet. How will you apply the skills and knowledge learned in this homework sheet to your future career as a social worker?