| Introduction to the First Law of Motion |
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| Read the following passage and answer the questions that follow: |
| The First Law of Motion, also known as the Law of Inertia, states that an object at rest will remain at rest, and an object in motion will continue to move with a constant velocity, unless acted upon by an external force. This fundamental concept is crucial in understanding how objects move and respond to forces, laying the groundwork for more complex physics concepts. |
| 1. What is the definition of the First Law of Motion? |
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| 2. Provide an example of the First Law of Motion in everyday life. |
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| What is Inertia? |
| Read the following passage and answer the questions that follow: |
| Inertia is the tendency of an object to resist changes in its motion. According to the Law of Inertia, an object will maintain its state of motion unless an external force acts upon it. For example, a car moving at a constant velocity will continue to move unless the force of friction from the road or the force of air resistance slows it down. |
| 1. What is the definition of inertia? |
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| 2. Provide an example of inertia in everyday life. |
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| Force and Motion |
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| Read the following passage and answer the questions that follow: |
| A force is a push or pull that causes an object to change its motion. According to the First Law of Motion, an external force is required to change the motion of an object. For instance, when a car accelerates from rest, the force of the engine acts upon the car to change its motion. |
| 1. What is the definition of force? |
| 2. Provide an example of force in everyday life. |
| Real-World Applications |
| Read the following passage and answer the questions that follow: |
| The First Law of Motion has numerous applications in real-world scenarios, such as designing safer cars and transportation systems, improving sports performance and reducing the risk of injury, and developing more efficient and effective engineering systems. |
| 1. What are some real-world applications of the First Law of Motion? |
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| 2. How can the First Law of Motion be used to improve safety in transportation? |
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| | duct an experiment to demonstrate the concept of inertia. Record your observations and e a short report explaining what you learned about inertia. |
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| ctivity 2: For | ce and Motion Problems |
| olve the follow | ing problems. |
| | ng problems. |
| | oving at a speed of 50 km/h. What will happen to the car if the driver applies the brakes? |
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| 1. A car is m | oving at a speed of 50 km/h. What will happen to the car if the driver applies the brakes? |
| 1. A car is m 2. A ball is ro | oving at a speed of 50 km/h. What will happen to the car if the driver applies the brakes? |

| Activity 3: Real-World Scenarios |
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| Identify and explain the forces acting upon an object in the following scenarios: |
| 1. A car accelerating from rest |
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| 2. A ball rolling down a hill |
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| 3. A person riding a bike |
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| Conclusion |
| In conclusion, the First Law of Motion is a fundamental concept in physics that describes the relationship between an object's motion and the forces acting upon it. By understanding inertia and force, we can better comprehend the natural world and develop innovative solutions to real-world problems. |
| Individual Reflection: 1. What was the most surprising thing you learned about the First Law of Motion? |
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| 2. How will this learning change your actions in the future? |
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| 3. What questions do you still have about the First Law of Motion? |
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| | tional Questions |
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| | ver the following questions: |
| 1. | What is the definition of the First Law of Motion? |
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| 2. | Provide an example of the First Law of Motion in everyday life. |
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| 3. | What is the difference between inertia and force? |
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| 4. | A bowling ball is moving at a constant speed on a lane. What will happen to the ball if it hits a pin? |
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| 5. | How does the First Law of Motion apply to the motion of a planet? |
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Answer Key

Check your answers with the following answer key:

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- 1. The First Law of Motion states that an object at rest will remain at rest, and an object in motion will continue to move with a constant velocity, unless acted upon by an external force.
- 2. A car moving at a constant speed on a straight road is an example of the First Law of Motion.
- 3. Inertia is the tendency of an object to resist changes in its motion, while force is a push or pull that can cause an object to change its motion.
- 4. The ball will change direction and slow down, as the force of the collision with the pin acts upon the ball to change its motion.

| 5. The First Law of Motion applies to the motion of a planet, as it will continue to move in its orbit unless acted upon by an external force, such as the gravitational force of another planet or star. | |
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