

Introduction to Football Basics and Rules

Student Name:		
Class:		
Due Date:		

Introduction to Football

Welcome to the world of football! Football, also known as soccer, is a popular team sport played between two teams of eleven players using a round ball with the objective of scoring more goals than the opposing team by kicking or heading the ball into the opponent's goal. In this homework assignment, we will explore the fundamental rules and regulations of football, aligning with the UK Primary School Curriculum for Physical Education.

Learning Objectives

By the end of this assignment, you will be able to:

- Explain the basic rules of football
- Identify and describe the different positions on the field
- Understand the concepts of scoring goals, fouls, and misconduct
- Develop critical thinking and independent learning skills through varied question types and activities

Foundation Level (10 minutes)

Football Rules Matching Game

Terminology	Definition
Goal	
Foul	
Offside	
Corner Kick	
Penalty Kick	

Definitions:

- Goal: When a player kicks the ball into the opponent's goal
- Foul: When a player breaks the rules, resulting in a free kick or penalty kick
- Offside: When a player is closer to the opponent's goal line than both the ball and the second-to-last opponent
- Corner Kick: A kick taken from the corner of the field when the ball goes out of bounds
- Penalty Kick: A kick taken from the penalty spot when a foul occurs inside the penalty area

Football Field Diagram Label the different parts of the football field, including the goal, penalty area, and corner kicks.

Core Level (15 minutes)

	What is the objective of the game of football?
<u>.</u> .	What is a foul, and how is it punished?
3.	What is the difference between a corner kick and a penalty kick?

Core Level (continued)

Football Scenario
Read the following scenario and answer the questions that follow.
Scenario: A player kicks the ball out of bounds over the goal line. What type of kick is awarded to the opposing team?
1. What type of kick is awarded?
2. Why is this type of kick awarded?

Extension Level (10 minutes)

Coop Study
Case Study
Read the following case study and answer the questions that follow.
Case Study: A player is penalized for a foul inside the penalty area. The opposing team is awarded a penalty kick. The player taking the penalty kick scores a goal. What are the consequences of the foul for both teams?
1. What are the consequences for the team that committed the foul?
2. What are the consequences for the team that was awarded the penalty kick?

Extension Level (continued)

Design a Football Dr	ill
Design a football dri brief explanation of	I that practices a specific skill, such as dribbling or passing. Include a diagram and he drill.

Extension Activities

Choose one of the following extension activities to complete:

- 1. **Research Project**: Research and create a presentation about the history of football, including its origins, evolution, and significant events.
- 2. **Football Tactics**: Create a diagram of a football formation, including the positions of the players and their roles and responsibilities.

3. Football Saf	ponsibilities. e ty : Research and c and injury preventi	•	about football sa	ety, including rule	s and regulations t
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Self-Assessment and Conclusion

Self-Assessment Checklist

- I have completed all the activities to the best of my ability.
- I have demonstrated an understanding of the fundamental rules and regulations of football.
- I have used correct terminology and concepts throughout the assignment.
- I have completed the extension activities (if applicable).
- I am confident in my understanding of the game of football and its rules and regulations.

Reflect on what you have learned throughout the assignment and review the success criteria to ensure you have met the requirements.