



## Introduction

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Welcome to this comprehensive guide on mastering the Past Continuous and Past Simple tenses. This lesson plan is designed to help 14-year-old students understand and effectively use these tenses in their everyday communication. By the end of this lesson, students will be able to identify and correctly use both tenses, enhancing their overall English language proficiency.

## Lesson Objectives

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The key learning objectives for this lesson are:

- To understand the formation and usage of the Past Continuous and Past Simple tenses
- To distinguish between the two tenses based on context
- To apply both tenses in context to convey complex ideas and actions that occurred in the past



## Direct Instruction

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The teacher will introduce the Past Continuous and Past Simple tenses, explaining their formation and usage. The Past Continuous tense is used to describe an action that was in progress at a specific time in the past, while the Past Simple tense is used for completed actions in the past.

- Past Continuous: "I was studying at 8 pm last night."
- Past Simple: "I studied for my exam yesterday."

The teacher will explain the differences between the two tenses and provide signal words and phrases that often accompany each tense.

## Examples and Exercises

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The teacher will provide examples of each tense, such as:

- Past Continuous: "I was watching TV when my phone rang."
- Past Simple: "I watched a movie last night."

The teacher will also provide exercises for students to practice identifying and using the correct tense.



## Guided Practice

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The teacher will provide guided practice exercises for students to complete in pairs or small groups. These exercises will include:

- Sentence completion activities, where students will complete sentences using either the Past Continuous or Past Simple tense
- Tense sorting games, where students will sort scenario cards into two categories: Past Continuous and Past Simple
- Dialogue completion activities, where students will complete dialogues using either the Past Continuous or Past Simple tense

## Group Work

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Students will work in groups to complete the exercises, encouraging collaboration and peer-to-peer learning. The teacher will circulate around the room to provide guidance and answer questions.



## Independent Practice

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The teacher will provide independent practice exercises for students to complete on their own. These exercises will include:

- A worksheet with guided exercises, where students will complete sentences using either the Past Continuous or Past Simple tense
- A short story with missing verbs, where students will complete the story using the correct form of the verb
- A creative writing task, where students will write a short diary entry or journal describing their activities over the past weekend, using both the Past Continuous and Past Simple tenses correctly

## Self-Assessment

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Students will assess their own understanding of the material, identifying areas where they need more practice or review.



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## Game Activity

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The teacher will introduce a game activity to make learning more engaging. The game will be "Find Someone Who," where students will ask each other questions in the Past Continuous and Past Simple to find someone who was doing a particular activity at a specific time in the past.

## Game Instructions

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Students will be given a handout with questions and instructions on how to play the game. The teacher will demonstrate the game and answer any questions students may have.



## Conclusion

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The teacher will conclude the lesson by reviewing the key points and addressing any questions students may have.

## Homework

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The teacher will assign homework that reinforces the learning objectives, including:

- A tense identification exercise, where students will identify the correct tense used in a series of sentences
- A short writing task, where students will write a short story using both the Past Continuous and Past Simple tenses
- A reflective journal entry, where students will reflect on their learning and identify areas for improvement



## Assessment and Evaluation

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The teacher will assess student understanding through a variety of methods, including:

- Class participation and engagement
- Completed exercises and worksheets
- Quizzes and tests
- Student self-assessment and reflection

## Evaluation Criteria

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Student understanding will be evaluated based on their ability to:

- Identify and use the correct tense in context
- Distinguish between the Past Continuous and Past Simple tenses
- Apply both tenses in context to convey complex ideas and actions that occurred in the past



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## Teacher Reflection

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The teacher will reflect on the lesson, identifying what worked well and what could be improved. The teacher will also note any areas where students struggled and plan for additional support.

## Notes and Feedback

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The teacher will provide feedback to students on their performance and progress, highlighting areas of strength and weakness. The teacher will also note any feedback or suggestions from students on how to improve the lesson.





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## Appendices

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Additional resources and materials, such as worksheets, quizzes, and tests, will be included in the appendices.

## Glossary

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A glossary of key terms and definitions will be included to support student understanding.



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## References

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A list of references and sources used in the lesson will be included, providing students with additional resources for further learning.

## Copyright and Disclaimer

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