

Social-Emotional Development Assessment

Child's Name:	Age:
Class/Group:	Date:

Assessment Details

Purpose: To assess social-emotional development in 4-5 year old children	Duration: Approximately 30-40 minutes
Sections: Emotion Recognition, Friendship Skills,	Assessment Criteria: Emotion Recognition,
Personal Boundaries and Safety Rules, Self-	Friendship Skills, Personal Boundaries, Self-
Regulation	Regulation

Instructions to Children:

- 1. Listen carefully to the instructions for each activity.
- 2. Do your best to complete each task.
- 3. If you need help, don't hesitate to ask.
- 4. Remember, it's okay to make mistakes we learn from them!

Section 1: Emotion Recognition

oraw a picture of a f nappy, sad, angry, or	ace that shows how scared.	you are feelir	ng today. Choose	from the following	g emotions:

Match the emotion words to the correct pictures.					
Нарру:	Happy Face				
Sad:	Sad Face				
Angry:	Angry Face				
Scared:	Scared Face				

Section 2: Friendship Skills

A) Give them a hug C) Ignore them	B) Play with them D) Tell a teacher
C) Ignore them	D) Tell a teacher
Draw a picture of you and your friends playing tog	gether. What are you doing in the picture?

Section 3: Personal Boundaries and Safety Rules

ctivity 6: Safety Rules	hat do you do when someone is standin	ng too close to you? Choose from the following options:
ctivity 6: Safety Rules	A) Move away	B) Push them away
ctivity 6: Safety Rules /hat are some rules we follow in the classroom to stay safe? Write or draw your answers.	C) Tell them to move away	D) Do nothing
	Activity 6: Safety Rules	
		sroom to stay safe? Write or draw your answers.

Section 4: Self-Regulation

Activity 7: Feelings (Johage
Create a collage of the show your feelings.	hings that make you feel happy, sad, angry, or scared. Use pictures or drawings to
Activity 8: Self-Regu	ılation Strategy
What do you do whe down.	n you feel angry or upset? Draw a picture or write about a strategy you use to calm

Section 5: Friendship Collage

•		Include pictures or drawings of fo	riends, things you like
do together, and hov	you show kindness to eac	h other.	

Thank you for completing the Social-Emotional Development Assessment. Remember, it's okay to feel different emotions and it's always important to be kind to our friends and respect each other's boundaries.	nt
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Conclusion

Assessment Rubric

Criteria	Excellent	Satisfactory	Needs Improvement
Emotion Recognition	Can identify and express their emotions	Can identify some emotions, but struggles to express them	Has difficulty identifying and expressing emotions
Friendship Skills	Can demonstrate an understanding of friendship skills	Can demonstrate some friendship skills, but struggles with others	Has difficulty demonstrating friendship skills
Personal Boundaries	Can identify and respect personal boundaries	Can identify some personal boundaries, but struggles to respect them	Has difficulty identifying and respecting personal boundaries
Self- Regulation	Can begin to develop self- regulation skills	Can demonstrate some self- regulation skills, but struggles with others	Has difficulty developing self-regulation skills

Note to Teachers Please provide a quiet and comfortable environment for the child to complete the assessment. Offer clear instructions and examples for each activity. For children with special needs, provide additional support and accommodations as needed.

