# PLANIT TEACHERS

# **Football Fundamentals Assessment**

# Introduction (5 minutes)

Welcome to the Football Fundamentals Assessment! This 30-minute assessment is designed to evaluate your understanding of the basic rules of football, key positions, and their roles, common penalties and fouls, and game strategy and teamwork.

### Section 1: Multiple Choice Questions (10 minutes)

Choose the correct answer for each question:

- 1. What is the main objective of the game of football?
  - a. To score more goals than the opposing team
  - b. To kick the ball as far as possible
  - c. To run with the ball to the opponent's goal
  - d. To throw the ball to a teammate
- 2. Which of the following is a common penalty in football?
  - a. Handball
  - b. Offside
  - c. Foul
  - d. All of the above
- 3. What is the primary role of a midfielder in football?
  - a. To defend the goal
  - b. To score goals
  - c. To support both defenders and forwards
  - d. To referee the game
- 4. How many players are on each team in a game of football?
  - a. 5
  - b. 7
  - c. 11
  - d. 15
- 5. What is the name of the area in front of the goal where a penalty kick is taken?
  - a. Penalty area
  - b. Goal area
  - c. Midfield
  - d. Defense area
- 6. What is the term for when a player kicks the ball out of bounds over the goal line?
  - a. Goal kick
  - b. Corner kick
  - c. Throw-in
  - d. Foul throw

Sect	tion 2: Short Answer Questions (10 minutes)
Ansv	ver each question in complete sentences:
1	. Describe the role of a goalkeeper in football. (4-6 sentences)
2	Explain the concept of offside in football. (6-8 sentences)
3	Discuss the importance of teamwork in football, providing examples of how different positions work together. (8-10 sentences)
4	. What is the name of the player who kicks the ball to start the game? a. Goalkeeper b. Defender c. Midfielder
5	d. Forward . Describe the role of a defender in football. (6-8 sentences)

# Section 3: Diagram Labeling (10 minutes)

Label the following parts of the football pitch:

# Foundation:

- Goal
- Midfield
- Penalty area

# Core:

• Positions of the goalkeeper, defenders, midfielders, and forwards

## **Extension:**

• Areas of the pitch where specific actions can occur (e.g., throw-ins, corner kicks, etc.)

[Space for diagram labeling]



nswer ea	h question in complete sentences:
1. Desi	n a football strategy for a team that is losing 2-0 at halftime. (8-10 sentences)
2. Expl	in how a team can use teamwork to score a goal. (6-8 sentences)
3. Desc	ribe a situation where a player would be given a yellow card. (4-6 sentences)
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#### Marking Guide

The following marking guide will be used to assess your performance:

- Multiple Choice Questions: 1 mark for each correct answer
- Short Answer Questions: 4-6 marks for foundation, 6-8 marks for core, and 8-10 marks for extension
- Diagram Labeling: 4 marks for foundation, 6 marks for core, and 8 marks for extension
- Critical Thinking Questions: 8-10 marks for extension, 6-8 marks for core, and 4-6 marks for foundation

# **Differentiation Options**

The following differentiation options will be available:

- **Foundation:** Visual aids, such as diagrams or pictures, will be provided to support understanding. One-to-one support will be available during the assessment.
- **Core:** Guided notes or a word bank will be provided to assist with short answer questions. Students will be allowed to work in pairs to complete the diagram labeling section.
- **Extension:** Additional challenges, such as designing a football strategy or creating a poster about a specific football topic, will be provided. Students will be encouraged to work independently and think critically.

#### Bloom's Taxonomy Alignment

This assessment aligns with the following levels of Bloom's Taxonomy:

- Knowledge/Remembering: Multiple choice questions and diagram labeling
- Comprehension/Understanding: Short answer questions
- Application: Short answer questions and diagram labeling
- Analysis: Extension questions and diagram labeling
- Synthesis: Extension questions and short answer questions
- Evaluation: Extension questions and short answer questions

# Multiple Intelligence Approaches

This assessment caters to different multiple intelligences, including:

- Visual-Spatial: Diagram labeling and visual aids
- Linguistic: Short answer questions and multiple choice questions
- Logical-Mathematical: Multiple choice questions and diagram labeling
- Bodily-Kinesthetic: Optional practical assessment component (e.g., a short football game or drill)
- Interpersonal: Pair work and group discussions
- Intrapersonal: Reflection and self-assessment opportunities

#### Clear Success Criteria

Students will be considered successful if they:

- Demonstrate a basic understanding of football rules and positions (foundation)
- Show a clear understanding of game strategy and teamwork (core)
- Apply critical thinking and analysis to football concepts (extension)

# **Evidence Collection Methods**

Evidence of student learning will be collected through:

- Completed assessments
- Observation of student participation and engagement
- Feedback from students and peers

# **Feedback Opportunities**

Students will receive feedback through:

- Marked assessments with constructive comments
- Verbal feedback during and after the assessment
- Self-assessment and reflection opportunities

# Conclusion

Congratulations on completing the Football Fundamentals Assessment! Remember to review your feedback and reflect on your performance to improve your understanding of football fundamentals.