

PLANIT Navigating the School Environment and Making Friends

Introduction (5 minutes)	
Welcome to our school! As a new student, it's essential to feel comfortable and supported in your new environment. Read the following introduction and answer the questions:	
Welcome to our school! As a new student, it's essential to feel comfortable and supported in your new environment. This guide is designed to help you navigate the school layout, build positive relationships with your peers and teachers, and seek help and support when needed.	
1. What is the main purpose of this guide?	
2. What are some key facilities you can expect to find in the school?	

Understanding the School Layout (15 minutes)

To navigate the school environment effectively, it's crucial to understand the school's layout. Complete the following activity:

Activity:

Create a map of the school and identify the location of key facilities such as:

- The library
- The cafeteria
- The counseling office
- The classrooms
- The playground or sports facilities

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[Space for map]

Building Positive Relationships (20 minutes)					
Building positive relationships with your peers and teachers is vital for academic success and emotional well-being. Read the following tips and answer the questions:					
Building positive relationships with your peers and teachers is vital for academic success and emotional well-being. Here are some tips to help you get started:					
 Introduce yourself to your classmates and teachers Participate in class discussions and activities Join a club or extracurricular activity that interests you Be respectful and kind to others Practice active listening and empathy 					
1. What is one way you can introduce yourself to a new classmate?					
2. Why is it important to participate in class discussions and activities? Output Description:					
Seeking Help and Support (15 minutes)					
If you need help or support, don't hesitate to ask. Read the following resources and answer the questions:					
If you need help or support, don't hesitate to ask. Here are some resources available to you:					
 Counseling services Academic support Extracurricular activities Peer mentoring programs 					
1. What is the purpose of the counseling office?					
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2. How can you access academic support?

Activities and Questions (20 minutes)						
Complete the following activities and questions:						
Activity 1: School Map Scavenger Hunt Work in pairs or small groups to complete the scavenger hunt: 1. Find the location of the library 2. Find the location of the cafeteria 3. Find the location of the counseling office						
[Space for scavenger hunt]						
Activity 2: Friendship Interview Interview a classmate or peer and ask them about their interests and hobbies: 1. What are your favorite subjects in school?						
2. What do you like to do in your free time?						
Page of 4 Reflection and Conclusion (10 minutes) Reflect on what you have learned and answer the questions:						
Individual Reflection: 1. What did you learn about the school layout?						

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Additional Resources (5 minutes)					
Explore the following additional resources:					
School websiteSchool handbookCounseling servicesAcademic support					
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